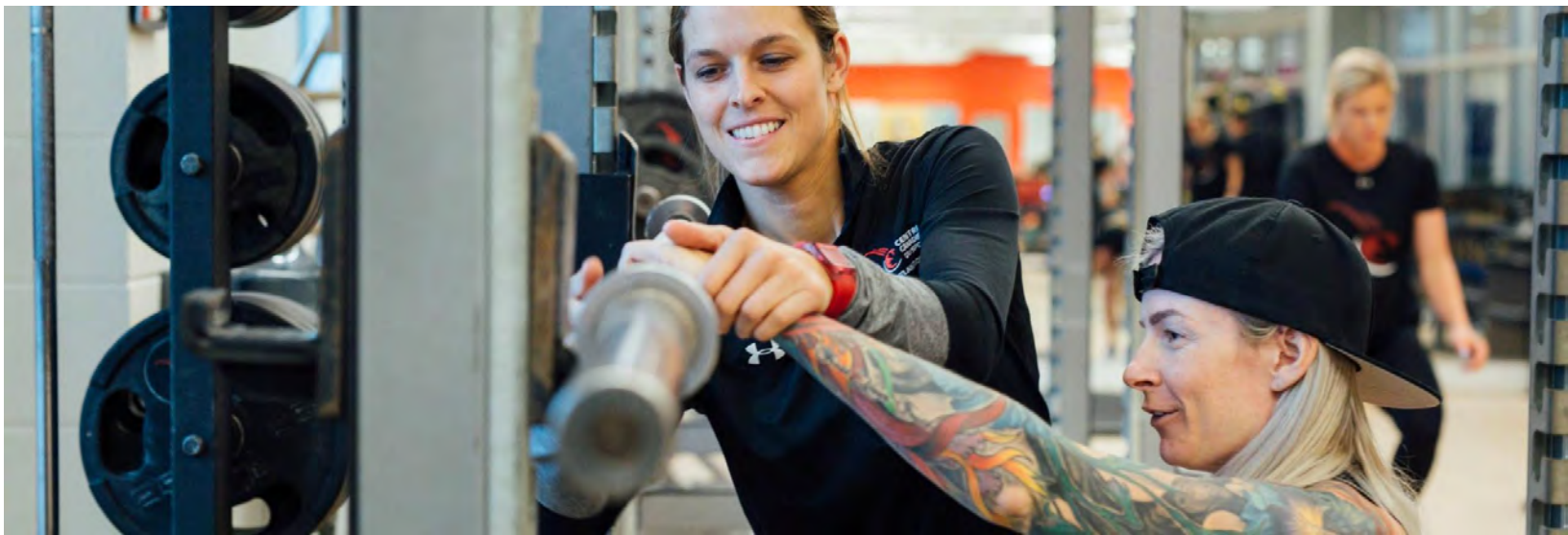




# Leadership in Sport Program





**Leadership** is the art of motivating a group of people to act toward achieving a common goal.

**The Leadership in Sport Program is:**

**Co creating a culture of excellence** in Nova Scotia's high performing sports.

**Providing an opportunity to collaborate** across roles and among sports will develop the skills that unite us.

**Focused on those who are committed to improving the environment of high performing sports in Atlantic Canada.** Executive Directors, Technical Directors, Canadian Sport Centre Atlantic and Sport Nova Scotia staff are invited to apply

*“We are problem solvers on a committed journey of personal improvement.”*



## Leadership that Focuses on People and Performance

- **Clarity:**
  - Purpose: Define personal why's - why are you in the Sport environment?
  - Vision: Develop a clear vision of what a culture of excellence looks like in your high performing environment. A vision that is focused on supporting and developing people and driving performance.
  - Shared Understanding: Define people's belief in what good leadership is/looks like and why.
- **Commitment:** Provide staff a deliberate time to work on being an effective leader. Developing these skills is essential for everyone to positively contribute to a high performing environment.
- **Collaboration:** Provide an opportunity to collaborate across roles and among sports and work on the skills that unite us.
- **Culture:** Co-create a culture of excellence in Nova Scotia high performing sports.
- **Change:** Improve skills required to facilitate positive change. Drive equity diversity and inclusion.

Delivered by:

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Supported by selected local Mentors



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## Program overview - Content themes

1. **Leading Self** - Learning to Know, Learning to Be and Learning to Transform Self
  - a. Building Emotional Intelligence and Awareness - The Fundamentals
  - b. Introduction to Leadership Concepts, Principles and Practice:
  - c. Values Based Leadership Concepts, Principles and Practice:
  - d. Self Leadership Assessment (options) and Development:
  
2. **Leading Others** - Learning to Know and Learning to Do
  - a. Introduction to Leadership Concepts, Principles and Practice:
  - b. Team Leadership Assessment and Development:
  - c. Leadership Communication Concepts, Principles and Practice:
  
3. **Leading Organizations and Large Systems** - Learning to Know and Learning to Transform
  - a. Introduction to Organizational Principles, Concepts and Practice:
  - b. Powering Performance
  - c. Leadership Assessment and Development



## Schedule

### Year 1

Biweekly live interactive sessions, primary content delivery and application of content

Block 1 (Oct - Dec)	Leading Self - Weekly 1.5 hour live virtual gathering + one on one planning sessions with instructor (Sept) Dec off
Block 2 (Jan-April)	Leading Others - Bi-weekly 1.5 hour live virtual gathering + one on one planning (Jan)
Block 3 (May-July)	Leading Organizations - Bi-weekly 1.5 hour live virtual gathering + planning for year 2

### Year 2

Application of content, personal reflective practice, one on one mentorship (1-2hr/month) with selected mentor

## Expectations

Participants would need to commit to self improvement and full engagement.

## Entry Criteria:

Applicants should be **currently working full time in sport**, in a leadership capacity. Applicants are required to submit a **letter of endorsement from their employer** supporting involvement and a **letter of interest** outlining the following: the impact you want to have in your sport/organization; the leadership skills that you want to enhance and why this would matter. The letter should confirm commitment to both the two year program and the financial commitments.

**To apply please** send a copy of your resume, and application documents to [leo@cscatlantic.ca](mailto:leo@cscatlantic.ca) by **September 9th 2021** at noon atlantic time.