



# IGNITE

## ATHLETE DEVELOPMENT PROGRAM



*Athletes and coaches have identified the challenges of combining the demands of academics with the requirements of becoming high performance athletes.*

*The CSCA's IGNITE combines academic and athletic excellence.*



### Application & Administration

For more information or to receive an application form, please contact Evan MacInnis - [evan@cscatlantic.ca](mailto:evan@cscatlantic.ca)



### PROGRAM

IGNITE incorporates a flexible schedule where students attend their local schools and complete the core classes for graduation/university prep through personalized plans built around their sport and education requirements. This model allows student athletes the flexibility to rest, recover, train, study and compete.

### STAFF

**Gary Walker** - Academic Coordinator  
**Evan MacInnis** - CSCA Lead  
**CSCA Staff** - Performance Services Support

### ELIGIBILITY

**Sports** - IGNITE sports must have an approved High Performance training group with nationally recognized athletes and a full-time, Comp Dev certified coach. Sports must have recognition from their PSO and NSO. The program requires athletes have approved annual training plans and detailed weekly schedules for the academic year.

**Athletes** - Athletes must belong to an approved IGNITE sport partner and be a recognized national team or national pathway athlete or approved training partner. Athletes must be in good academic standing and show a proven need for additional training through IGNITE. Parent and school consent is required.

### IGNITE PROGRAM COACHES

IGNITE coaches are accountable for athletes during training. They will be responsible for identifying needs from CSCA (physical training times, performance services, coach support). Coaches will have continuous dialogue with the Academic Coordinator concerning the academic and athletic program. IGNITE provides professional development opportunities for coaches through workshops and networking.